

OUR GOAL & LOGO

The Martinis (young onset Parkinson's group) goal is to assist each other, our partners, family, friends and promote ourselves to the wider community by providing a forum where we can share our life experiences, exchange information, get advice from specialists in different fields, support our local PD nurses and the Movers and Shakers whilst having some fun along the way.



Meeting Minute –The MARTINIS

Location: Premier Hotel

Date: February 26th 2020

Welcome to the Martinis from the HVCCC who have allowed us to use their boardroom in 2020. Unfortunately, tonight's meeting was held at the Premier, as storm damage meant there was no electricity at HVCCC.

Meeting Facilities and Protocols:

- Emergency muster points in case of evacuation
- Tea/coffee/Water facilities
- Toilets
- List of attendees for HVCCC
- Number of people dining after the meeting and advise Premier Hotel.

Around the Table: 1 minute update by each PD member.

We didn't have a guest speaker for tonight's meeting how I have attached a pamphlet from Parkinson's NSW with activities in our area that may be of interest. Lyn Saunders brought along some wonderful art works she has been creating at the art group.

General Business:

- Our meeting dates for 2020 are as follows:

Wed 1st April

Wed 6th May

Wed 10th June

Wed 15th July

Wed 19th August

Wed 23rd Sept

Wed 28th Oct

Wed 2nd Dec

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- We have some great ideas for guest speakers in 2020 but we are always looking for good ideas. If you have a good idea, please let Glenn Parsons know.
- A suggestion has been put forward to have a weekend away, probably later in the year, as a social gathering to get to know each other and enjoy a relaxing weekend. It will probably be at Swansea caravan park where those with caravans can bring them, or those without can stay in a cabin. Also, we will probably have a Saturday BBQ and those that can't make the full weekend can come too. It is a very child friendly spot right on Lake Macquarie so extended families can come and enjoy too. Details to come later as they develop.